

Tomorrow's Fast

1. Explain Mark 9:14-29 _____

2. Why do we need help with our unbelief? _____

3. How does fasting today determine your tomorrow? _____

4. What are reformers known for? _____

5. Who were reformers in the Bible that fasted? _____

6. Define fasting according to the Bible? _____

7. How does fasting increase your spiritual growth? _____

8. What is the greatest strategy to growing spiritually? _____

9. Fasting is denying the _____ and feeding the _____.

10. Explain the different types of fast in the Bible. _____

11. Write Matthew 6:16 _____

12. How does fasting create miracles? _____

13. How do we learn to deny ourselves? _____

14. How do we learn to say, 'yes', to God? _____

15. What happens when we learn to deny our flesh? _____

16. What is the next stage of growth past denial? _____

17. What keeps God from trusting us with more? _____

18. Why is spending time with God daily vital to our growth? _____

19. What is significant in the journey of fasting? _____

20. Why is spiritual discipline so important? _____

21. Explain the desire stage of fasting. _____

22. How is it helpful to name your fast? _____

23. Why is it important to have an intentional prayer list? _____

24. Why should we fast before big life decisions? _____

25. If you fail on your fast, what should you do? _____

26. Should we teach children about fasting? _____

27. Is God legalistic on how we fast? _____

28. Why do many people follow secular leadership more than Biblical leadership?

29. Why is it easier to hear God when we are fasting? _____

30. Write Exodus 34:28 _____

31. Why do we have the greatest God encounters when we are fasting? _____

32. Why do we grow spiritually while we fast? _____

33. Write Matthew 23:12 _____

37. Write Acts 13:2-3 _____

38. Read Matthew 4

39. What can breakthrough in your life by fasting? _____

40. How is fasting a journey with God? _____

41. Explain how the miracles for tomorrow are found in today's fast? _____

42. Read Mark 9

43. Ask the Lord to help you with any unbelief.

44. Write Mark 9:29 _____

45. The _____ we need today is found in yesterday's _____.

46. What did Jesus overcome that Adam could not? _____

47. Does something in you desire to fast more after hearing this message? _____
